

Alternative Assignment
Physical Therapy Project

Directions:

- This project is designed for students in a physical therapy program lasting for a total minimum of nine (9) hours.
- Students are required to write a journal entry for each physical therapy appointment. The entry should include:
 - Date and Time of Physical Therapy
 - Activity performed
 - Purpose of activity
- Journal may be typed or handwritten
- Project must be turned in with parent/guardian's signature

Example

Date: Wednesday, July 6, 2008

Time: 4:00 to 6:00 p.m.

Exercise:

Leg Curls – To strengthen hamstring muscles

Pendulum Swings – To increase range of motion

Parent/Guardian Signature

Physical Therapist Signature